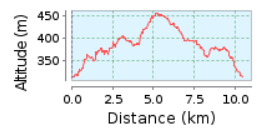


# Aldgate Valley Loop



10.48 km (round trip)

Total climb: 193 m, Total descent: 194 m

Altitude range 143 m (Altitude from: 313 m to 456 m)

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